

# New e-Learn Series: Reducing Disparities and Improving the Management and Identification of Chronic Kidney Disease

More than 37 million (15%) adults in the United States have chronic kidney disease (CKD) and one out of three American adults is at risk for CKD. People with hypertension and/or diabetes are at greatest risk. Additionally, social determinants of health (SDOH), defined as "the conditions under which people are born, grow, live, work and age," are significant contributors to health disparities among people with CKD. While CKD is a health burden for people living with the disease, it is also an economic burden for the U.S. health care system.

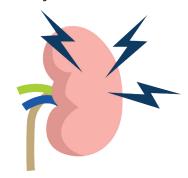
million adults (15%) in the United States have chronic kidney disease (CKD)

Primary care providers can help guide patients through early detection of CKD, chronic disease management, and preventive care. Providers also have an opportunity to be early adopters and advocates of SDOH tools and models that can help patients.

Quality Insights' Kidney Care project has developed a new, interactive six-course e-learning series that uses best practices and practical experience from a diverse group of patient subject matter experts and exemplars in the fields of nephrology, health equity, nutrition, pharmacy, primary care and medical coding. The series aims to accompany the Centers for Medicare & Medicaid Services' *Chronic Kidney Disease Disparities: Educational Guide for Primary Care.* 

#### **Overview of Courses**

Courses are 60 minutes in length and include interactive scenarios, additional handouts and resources. Attendance certificates are available upon completion. Free nursing, physician, pharmacist and dietitian continuing education credits\* are also available for each course.



#### Identifying CKD: Leveraging EHRs and Improving Detection Rates

Learn how to use specific quality indicators that can be applied to most electronic health records (EHRs) and health systems to improve CKD detection rates.

#### Approaches to Identifying CKD: Promoting Detection at Every Opportunity

Learn techniques to incorporate CKD risk identification and early detection into a regular workflow, tools for staging, and how to enhance patient care management and reduce disparities in care for CKD.

#### Addressing Social Determinants in CKD: Quality Indicators for **Patient-Centered Care**

Learn to identify key social determinants of health (SDOH) for people with or at-risk for CKD along racial, ethnic and socioeconomic lines. Explore specific tools and techniques to improve care and outcomes for patients with or at-risk for CKD.

#### Managing CKD: The Pharmacist's Role in Team-based Kidney Care

Explore the integration of ambulatory care pharmacists into a team-based approach to kidney care, which can help slow or stop the progression of CKD and improve patient health outcomes, quality of life and cost of care. Two medication management interventions will be discussed.

#### Managing CKD: The Dietitian's Role in Team-based Kidney Care

Incidence and progression of CKD are influenced by nutrition-related factors. Explore the benefits of medical nutrition therapy, roles and responsibilities of the dietitian and core care team, dietary differences for CKD Stages 3 and 4 and how to prioritize dietary treatment based on four factors.

### Managing CKD: Timely and Appropriate Referral to Nephrology

Timely referral to a nephrologist and coordinated care with primary care providers can optimize medical care for patients with or at-risk for CKD. Learn about the role of the nephrologist with the PCP to co-manage patient care.

To get started, visit **www.ediscolearn.com** and select the "Kidney Care" catalog.

## **Target Audience**

All courses are appropriate for health care professionals, especially those who work in or collaborate with primary care physician practice settings. This includes, but is not limited to, the following disciplines: nurses, physicians, nurse practitioners, physician assistants, pharmacists, dietitians, care coordinators, office managers and staff.





Quality Insights has no conflicts of interest in the

development of course content.

\*Accreditation Information

Disclosure: Information concerning faculty, speaker and planning committee relationships will be available upon request. The presenters have disclosed that no commercial relationships exist.



