



Holiday Eating with Diabetes

QIN-QIO Regional Support and Sharing Call

REGISTER NOW

Wednesday, December 16, 2020 / 2:00 - 3:00 p.m. ET

Your patients with diabetes may find the holidays particularly challenging as they are presented with multiple occasions to gather with others around a meal. Quality Insights can help provide you with the tools you need to counsel your diabetic patients on the best food choices and where they can go for extra help.

Join us on Wednesday, December 16, 2020 at 2:00 p.m. ET, for a presentation by registered dietitian Laura Baker, MS, RDN, LD. After listening to her presentation, you will be able to explain how all foods can fit, develop two simple dietary substitutions for your adult patients, identify two new updates related to fiber for adults, and describe how to get your patients the dietary help they need, including telehealth.

If you are a physician, nurse, office manager or other health care team member who engages in healthcare quality improvement, we encourage you to register today for this informative program.

This webinar will provide 1.25 free nursing contact hours for attending the session and completing a post-test with evaluation.

Please contact [Dawn Strawser](#) with any questions about this event.

Quality Insights is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.